

Grocery BUDGET

Determine what you have been spending

Amount spent on recent shopping trips:

Date:	Store:	Amount:	Notes:

Grocery BUDGET

Try filling out each of the options for comparison. See which one works best for you!

Option #1: Slash by a dollar amount

Amount you have been spending on groceries: _____

Less amount you need to save each month: _____

Monthly Grocery Budget: _____

Option #2: \$100 per person, per month

Number of people in your household: _____

Number of people x \$100: _____

Monthly Grocery Budget: _____

Option #3: 10% of your monthly take home pay

Monthly take home pay amount: _____

Take home pay x 10%: _____

Monthly Grocery Budget: _____