

Master **GROCERY** List

Fruit:

- Bananas
- Apples
- Oranges
- Grapes
- Melon
- Lemon
- Lime
- Strawberries
- Blueberries
- _____
- _____

Veggies:

- Onions
- Peppers
- Lettuce
- Spinach
- Mushrooms
- Cucumber
- Tomatoes
- Carrots
- Celery
- Broccoli
- Potatoes
- Avocado
- Garlic
- Herbs _____
- _____
- _____
- _____

Dairy:

- Milk
- Orange juice
- Eggs
- Butter
- Cheese _____
- Yogurt
- Coffee creamer
- Sour cream
- Cream Cheese
- _____

Meat & Fish:

- Beef _____
- Chicken
- Shrimp
- Sausage
- Bacon
- Fish
- Cold cuts
- _____
- _____

Bread & Grains:

- Bread _____
- English muffins
- Bagels
- Tortillas
- Cereal _____
- Oatmeal
- Pasta
- Rice
- Pizza crusts
- _____
- _____

Condiments & Spices:

- Olive oil
- Vegetable oil
- Cooking spray
- Salad dressing
- Mayo
- Ketchup
- Mustard
- Pickles/relish
- Salt/pepper
- Peanut butter
- Jelly
- Honey
- Salsa
- BBQ sauce
- Marinade
- Vinegar _____
- _____
- _____

Canned & Pantry:

- Veggies _____
- Soup _____
- Beans
- Fruit _____
- Tomatoes _____
- Pasta sauce
- Broth
- Tuna
- _____
- _____

Snacks:

- Crackers
- Cookies
- Potato chips
- Tortilla chips
- Popcorn
- Pretzels
- Nuts
- Fruit snacks
- Dried fruit
- Popcorn
- Granola bars
- Rice cakes
- Gum

Beverages:

- Coffee
- Tea
- Juice _____
- Water
- Soda
- Beer
- Wine
- Coffee filters

Baking:

- Flour
- Sugar _____
- Chocolate chips
- Vanilla extract
- _____
- _____

Frozen:

- Veggies _____
- Fruit _____
- Fries/potatoes
- Juice _____
- Pizza
- Dinners _____
- Meat/seafood
- Burgers
- Appetizers
- Waffles/pancakes
- Ice cream
- Popsicles
- _____
- _____
- _____

Paper Goods & Misc.:

- Paper towels
- Toilet paper
- Plates
- Napkins
- Foil
- Plastic wrap
- Parchment/wax paper
- Trash bags
- Storage bags
- Tissues
- Batteries
- Cleaning _____
- _____
- _____

Toiletries:

- Shampoo/conditioner
- Deoderant
- Soap _____
- Razors/shaving cream
- Lotion
- Toothpaste/floss
- Toothbrush/mouthwash
- Vitamins/pain reliever
- Cotton balls/Q-tips
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Meat & Fish:

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Canned & Pantry:

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