

Dollar Store Travel Essentials Shopping List

Healthy Essentials:

- Travel-sized pain relievers
- Vitamins
- Antacids
- Pill/vitamin organizing containers
- First aid kit
- Cough drops and cold medicine
- Pain relief gels, patches, or cream
- Travel size hand sanitizer bottles
- Anti-bacterial wipes
- Eye drops
- Bandages
- Antibiotic ointment
- Gauze
- Ice packs

Snacks and Beverages:

- Crackers
- Cookies
- Graham crackers
- Potato chips, tortilla chips, pretzels, etc.
- Sandwich crackers and cookies
- Fruit snacks
- Granola bars
- Candy (HUGE selection)
- Gum and mints
- Trail mix
- Peanuts and other nut mixes
- Individual drink mix packets
- Juice boxes
- Reusable water bottles
- Reusable travel coffee cups with lids
- Plastic containers to store snacks

Beauty and Personal Care:

- Travel size toiletries (shampoo & conditioner, lotion, mouthwash)
- Empty travel size bottles (TSA approved 3 oz size)
- Toothbrushes (with travel holders)
- Toothpaste
- Dental floss sticks
- Lip balm
- Shower cap
- Small pouches to hold makeup and toiletries
- Travel/purse size tissue packs
- Manicure kit

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Travel Items for Kids:

- Baby wipes
- Disposable bags for dirty diapers
- Baby toys
- Plastic plate and silverware sets
- Bibs
- Books
- Coloring books and activity sets
- Stickers
- Puzzles
- Toys
- Beach toys
- Bubbles
- Glow sticks
- Notebooks
- Crayons and colored pencils
- Reusable water bottle or sippy cup

Handy Items:

- Ziploc-style plastic bags
- Flashlights and nightlights
- Books & puzzle books
- Extension cords and power strips
- Laundry detergent & fabric softener
- Sleep masks and earplugs
- Luggage tags
- Reusable shopping bags
- Umbrellas and ponchos
- Disinfecting cleaning wipes
- Portable sewing kit
- Portable eyeglass repair kit
- Batteries
- Mesh laundry bags
- Reading glasses
- Flip flops
- Socks and cushion insoles
- Vacuum storage bags

Other Items:
